

Freethinkers, Seattle Washington

Statement of Intent

This meeting is intended to provide a comfortable forum for those recovering from addiction to alcohol and/or other drugs regardless of any spiritual or philosophical beliefs. The only requirement for membership is a desire to stop drinking. In this meeting we speak about our own experiences and feelings. we accept without criticism what others say because it is true for them, and work toward taking responsibility for our own lives rather than giving unsolicited advice.

In consideration of others we ask that you be aware of how long you are speaking so that others will have a chance to share. If you need to have a conversation while someone else is speaking please step outside.

(Referees will be on a voluntary basis. The rules of Queensbury will apply.)*

Because of the universality of the AA program we believe that by sharing our individual strength hope and experience we can continue to grow in recovery and enjoy sobriety to the fullest.

Anyone here for a first or first few meetings?

Anyone with a birthday for the month of _____?

Anyone here from outside of (our area, or sometimes we might say "from outside the solar system", or "from another planet", etc. ---just for fun.)

Any announcements for the good of AA?

*Optional. This was added by a past secretary, again, for levity.